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Appropriate equipment & maps should always be carried, along with suitable clothing & footwear. Always follow the Countryside Code. More information about the Countryside Code, clothing, equipment & how to use it can be found on the go4awalk.com website. This document may be downloaded from the go4awalk.com website & printed for personal use only except under licence from TMDH Limited. Nothing may be added, deleted or amended in any way. In any event, this document & the

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