

The information given in this document has been provided in good faith. It is intended only as a general guide. We advise you to verify the accuracy of information before relying on it. It is the responsibility of individuals to approach outdoor activities such as the one described on this page with caution. The activity described can be strenuous & individuals should ensure they are fit enough before amphation upon it if individuals should ensure they are fit enough before embarking upon it. If in doubt, seek medical advice

Appropriate equipment & maps should always be carried, along with suitable clothing & footwear. Always follow the Countryside Code. More information about the Countryside Code, clothing, equipment & how to use it can be found on the god-awalk.com website. This document may be downloaded from the carrentals.co.uk web site & printed for personal use only except under TMDH Limited 2017. All rights reserved, go-4awalk.com is a registered trade mark god-awalk.com website. This document may be downloaded from the of TMDH Limited Landrange® is a registered trade mark & Otdoor Leisure® & carrentals.co.uk web site & printed for personal use only except under TMDH Emitted 2017. All rights reserved.