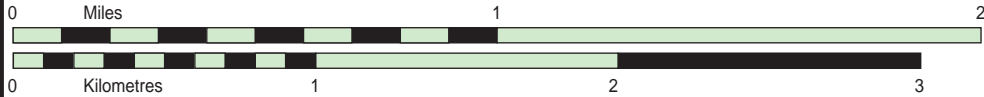


le102 Sproxtton from Buckminster

Buckminster is on the B676 E of Melton Mowbray and SW of Grantham



The walk shown is for guidance only and should not be attempted without suitable

Details	
Distance:	11.5km (7¼ miles)
Total Ascent:	157m (515ft)
Time:	3hrs Grade: 3
Maps:	OS Landranger® 130 or OS Explorer Map™ 247
Start/Finish:	Buckminster Church, Leicestershire
Grid Ref:	SK880230

With thanks to Chris Stenton & Gordon Hum

For some great discount map offers see [Market Place](#)

Quiet tracks and paths with fine views

S From the church go WNW on a track (The Mowbray Way) to the left of a large house. Go through a gate and continue diagonally across a field and then by the field boundary. Continue WNW on a grassy path crossing streams, stiles and a track before joining and following a farm track. When the track turns sharp right (NE) leave it and go NW (half-right) on the right-hand of two paths to climb gently across a field. Continue NW across a 2nd field passing beneath a telegraph pole to reach a road. (2½ km)

① Go SW (left) on the road (Stow Hill) and descend to a T-junction in the village of Sproxtton. Go NW (right - signed 'Saltby 1¼') to reach Sproxtton Green. Go SW (left) on Coston Rd to pass The Crown. Go W (right) on a waymarked path to cross fields, climbing to a crossing track. Go SW (left) on the track (leaving the Mowbray Way en-route) to reach a staggered junction of tracks. Continue SW (straight-on) on a rougher track to reach a signed T-junction of tracks. (3½ km)

② Go SE (left) and follow a grass track that soon develops into a stony track and then a lane to reach the B676. Go E (left) through Coston village and along the B676 for 100m Go N (left) on a signed path along a field edge (the OS map shows this path crossing the middle of the field) to reach a track. Go ESE (right) to rejoin the road. Continue ESE for 200m before going NE (half-left) on a signed path across fields to reach a road. Go E (right) on the road to return to Buckminster and then NE on Back Road to return to the church and the start. (5½ km)

Is this route description wrong or misleading? **Talk to us** and we'll put it right.

In association with:

Carrentals.co.uk

- The Car Hire Comparison Site -

Compare Car Hire from over 40 leading providers

Taken pictures on this walk? Send them in and we'll put them in the [Photo Gallery](#)

The Mowbray Way is a 13.5km (8½ miles) path connecting Buckminster and Scalford.

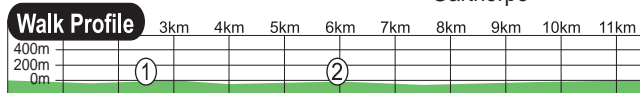
Hill Classifications:

- ▲ Hewitt
- ⚙ Wainwright
- ⚡ Bridget
- △ Trig Point

For more information about Hill and Mountain Classifications see [Peaks & Mountains](#)

Don't forget to enter our monthly **Competitions**. You could win a fabulous prize.

Keep a record of which mountains you have climbed with [go4awalk.com Peak Bagging](#) maps and lists.



go4awalk.com

SHARE THE COUNTRYSIDE

Printable Route Maps, GPS Waypoints, Competitions, Places to Stay, Discussion Boards, Gear Tests, Photograph Gallery & much, much more...

The information given in this document has been provided in good faith. It is intended only as a general guide. We advise you to verify the accuracy of information before relying on it. It is the responsibility of individuals to approach outdoor activities such as the one described on this page with caution. The activity described can be strenuous and individuals should ensure they are fit enough before embarking upon it. If in doubt, seek medical advice.

Appropriate equipment and maps should always be carried, along with suitable clothing and footwear. Always follow the Countryside Code. More information about the Countryside Code, clothing, equipment and how to use it can be found on the [go4awalk.com](#) website. This document may be downloaded from the [carrentals.co.uk](#) web site and printed for personal use only except under TMDH Limited licence number: TPC01006. Nothing may be added, deleted or amended in any way. In any event, this document and the information contained within it is and remains the sole property of TMDH Limited and is protected under Copyright © TMDH Limited 2008. All rights reserved. go4awalk.com is a registered trade mark of TMDH Limited. Landranger® is a registered trade mark and Outdoor Leisure™ and Explorer™ are trade marks of Ordnance Survey, the national mapping agency of Great Britain. © Crown Copyright 2000. All rights reserved.