



The walk shown is for guidance only and should not be attempted without suitable maps.

Details	
Distance:	13km (8miles)
Total Ascent:	534m (1753ft)
Time:	4 ³ / ₄ hrs
Grade:	5
Maps:	OS Landranger® 103 & 109 or OS Explorer Map™ OL21
Start/Finish:	Cowpe Picnic Area, Lancashire
Grid Ref:	SD833214

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Hill Classifications:

- ▲ Hewitt
- ☀ Wainwright
- ☀ Bridget
- △ Trig Point

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Quiet paths with fine views

S Go SE from the Car Park to a T-junction and then SW (right) to ascend a farm track past several small reservoirs and then between two large houses (footpath sign). Ascend a clear path through a metal gate (Footpath Access Sign) aiming generally SW skirting a deep ravine to reach a stile (RW sign). (1km)

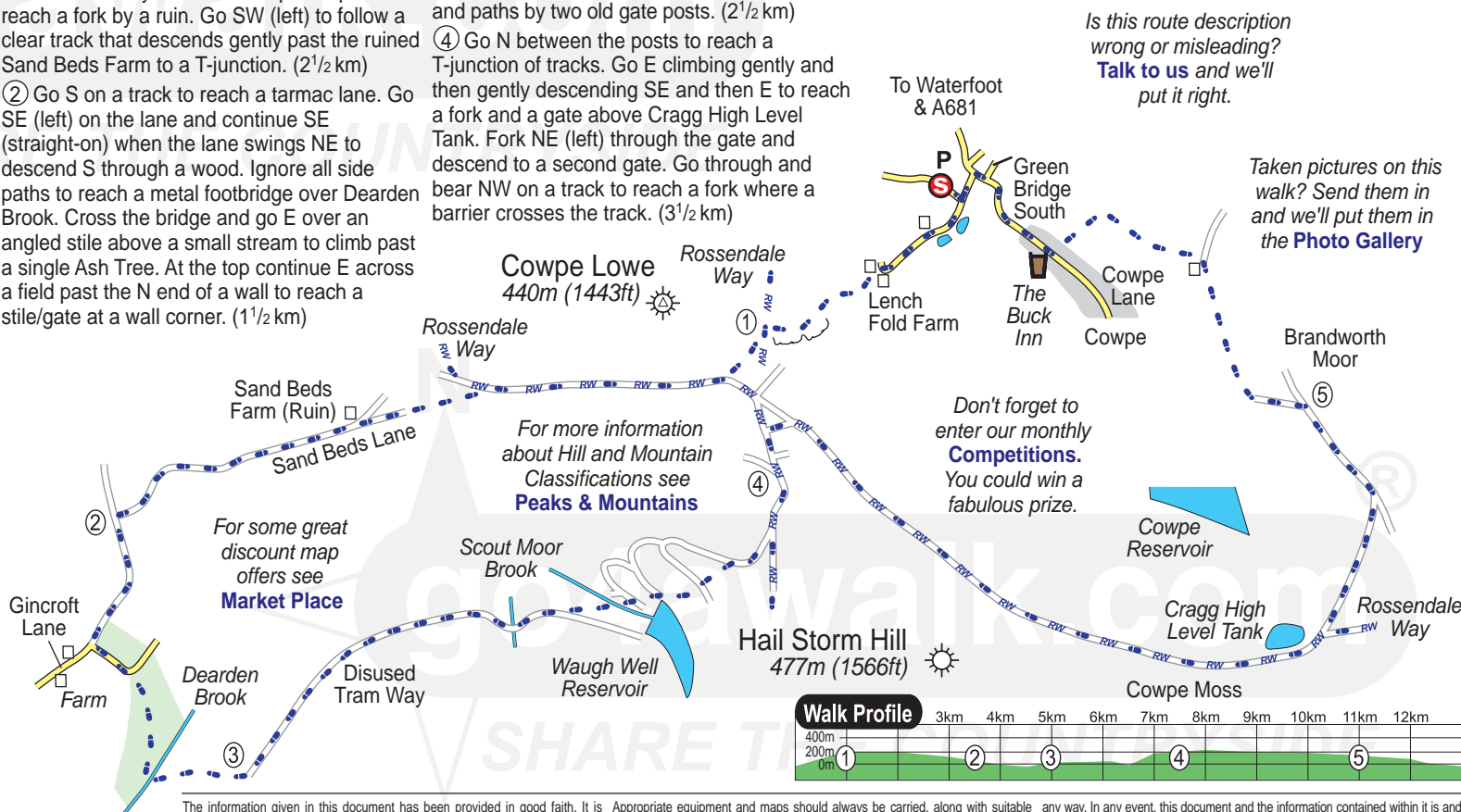
① Ignore the path going SE and go S on a clear path that soon bears SW (half-right) gently descending to reach the paved Rossendale Way. Go W on the paved path to reach a fork by a ruin. Go SW (left) to follow a clear track that descends gently past the ruined Sand Beds Farm to a T-junction. (2¹/₂ km)

② Go S on a track to reach a tarmac lane. Go SE (left) on the lane and continue SE (straight-on) when the lane swings NE to descend S through a wood. Ignore all side paths to reach a metal footbridge over Dearden Brook. Cross the bridge and go E over an angled stile above a small stream to climb past a single Ash Tree. At the top continue E across a field past the N end of a wall to reach a stile/gate at a wall corner. (1¹/₂ km)

③ Go NE on a overgrown & boggy disused tramway to contour the hillside towards Waugh Well Reservoir. 100m before reaching the lower perimeter wall ('no swimming' sign) bear NE to descend and cross Scout Moor Brook before ascending NE up the opposite bank. Climb E, initially by a wall, and then bear NE up the slope, crossing an access track, to reach a second concreted access track. Follow the track E and then N, continuing N when a third track joins from the S to reach a junction of tracks and paths by two old gate posts. (2¹/₂ km)

④ Go N between the posts to reach a T-junction of tracks. Go E climbing gently and then gently descending SE and then E to reach a fork and a gate above Cragg High Level Tank. Fork NE (left) through the gate and bear NW on a track to reach a fork where a barrier crosses the track. (3¹/₂ km)

⑤ Fork W to a gate. Go through a narrow kissing gate and follow the wall to a stile. (Ignore the first stile that climbs the wall). Bear NW across fields aiming for a large isolated house. Go through the 'goat yard' and bear W round the house to go through a metal gate. Continue NW across two fields aiming for a house with a black gable end to reach a double stile. Cross and go SW between two fences to descend to Cowpe Lane. Go NW past the pub and follow the road round to reach Green Bridge South. Take the next left to climb SW to a junction. Go NW to return to the car park and the start. (2km)



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For more information about Hill and Mountain Classifications see **Peaks & Mountains**

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