

gw154 Llyn Llydaw & Glaslyn via the Pyg Track & Miners' Track

The walk shown is for guidance only and should not be attempted without suitable maps.

Pen y Pass is on the A4086 between Llanberis and Capel Curig

Details	
Distance:	8.5km (5½ miles)
Total Ascent:	476m (1562ft)
Time:	3½ hrs Grade: 4
Maps:	OS Landranger® 115 or OS Explorer Map™ OL17
Start/Finish:	Pen y Pass Car Park, A4085 Gwynedd, Wales
Grid Ref:	SH647556

A taste of Snowdon without the climbing
S From the car park go W along the obvious 'Pyg Track' gently ascending and bearing SW to reach the pass at Bwlch y Moch high above the NE shore of Llyn Llydaw. (1½ km)
 ① Continue SW (straight-on) on the Pyg Track (ignore the Crib Goch path that heads up W - right) along a flat path high above Llyn Llydaw and beneath the crags of Crib Goch until the path bears NW (right) and you can see Glaslyn in the valley in front of (& below) you. Leave the Pyg Track and continue W down the steep grass, bearing SW and W to join the Miners' Track on the Lake Shore. Go W (right) to reach some ruined buildings. (2 km)

② Retrace your steps along the Miners' Track to follow the shore of Glaslyn (on your right) before descending to reach and follow the NW shore of Llyn Llydaw (on your right) before going SE across The Causeway. (2½ km)
 ③ Continue E on the track past Llyn Teyrn before bearing N to return to Pen y Pass and the start. (2½ km)

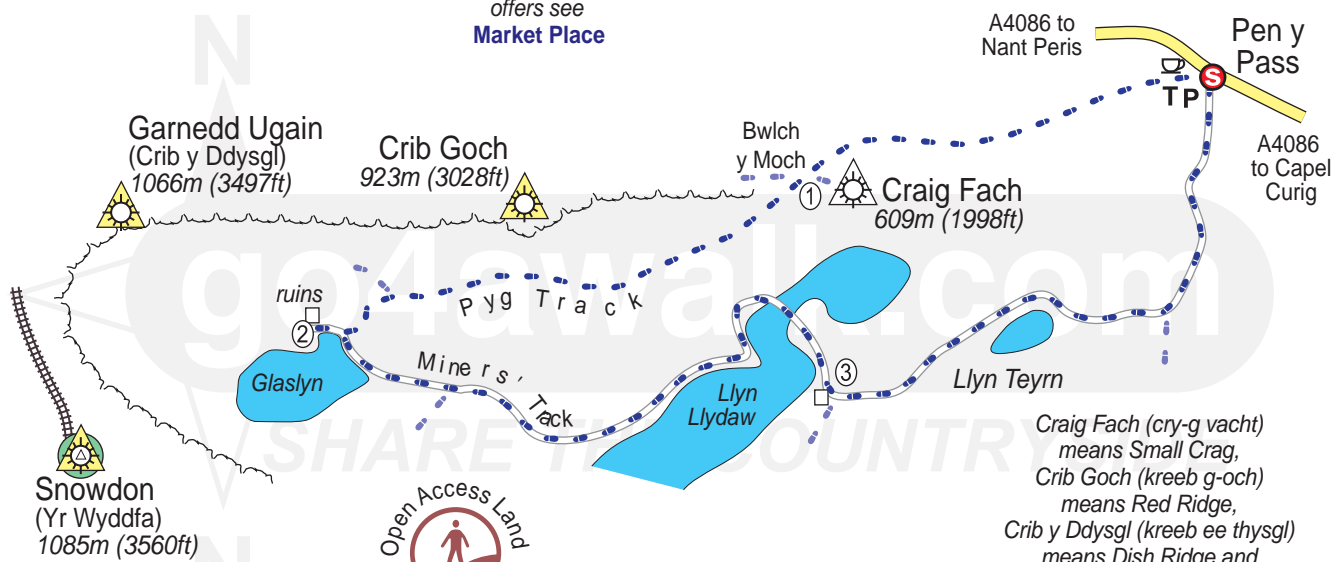
With thanks to Paul & Kath Le Maistre

Is this route description wrong or misleading? **Talk to us** and we'll put it right.

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'Pyg' (as in Pyg Track) is and abbreviation for Pen y Gwryd - the hotel at the bottom of the pass.



Craig Fach (cry-g vacht) means Small Crag, Crib Goch (kreeb g-och) means Red Ridge, Crib y Ddysgl (kreeb ee thysgl) means Dish Ridge and Yr Wyddfa (ur-oo-ith-va) means 'The Burial Place'.

- Hill Classifications:**
- ▲ Hewitt
 - ⚙ Wainwright
 - ⚡ Bridget
 - △ Trig Point

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For more information about Hill and Mountain Classifications see **Peaks & Mountains**

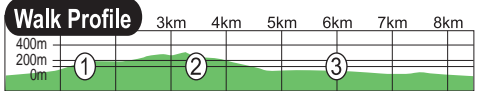
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