

co115 Trevescan & Sennen Cove from Land's End

Land's End is on the A30
W of Penzance

The walk shown is for guidance only and should not be attempted without suitable maps.

Details	
Distance:	8km (5 miles)
Total Ascent:	291m (955ft)
Time:	3 hrs
Grade:	3
Maps:	OS Landranger® 203 or OS Explorer Map™ 102
Start/Finish:	Land's End Visitor Centre, Cornwall
Grid Ref:	SW345250

Fabulous coastal views

⑤ From the car park go W through the Land's End Visitor's area to reach the top of the cliffs. Go S (left) along the cliff tops following the South West Coast path. Continue S above numerous bays and inlets until you reach Mill Bay or Nanjizal (look out for a large cream coloured house on the hillside). (2½ km)

① Just before the path descends S to a footbridge over a stream, leave the South West Coast path and go NE (left) on a narrow path that ascends steeply. Just beyond an easy to miss T-junction of paths go N (left) to a kissing gate. Follow the path beyond across several fields to reach a track at Trevilly. At a T-junction of tracks go right and then immediately left over a low stile (signed footpath only) to cross the farm courtyard and then a field to reach a road in Trevescan. (1½ km)

② Go W (left) and then NW on the road for 400m to reach the A30. Cross and go N on a signed path opposite to cross several fields to join a lane. Follow the lane N and then ENE (right) for 200m before going NW (left) on a signed path opposite a house called 'Pol-an-dre' that leads down to the seafront at Sennen Cove. (2 km)

③ Go W (left) past the Lifeboat Station and through a car park before climbing up to a tower on the cliff top. Go S (left) on the South West Coast path along the cliff top past the 'First and Last House' to return to Land's End and the start. (2 km)

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Hill Classifications:

- ▲ Hewitt
- ⊙ Wainwright
- ⊙ Bridget
- △ Trig Point

The South West Coast Path is a 966km (600 miles) path along the coast connecting Minehead in Somerset with South Haven Point in Dorset.

It is waymarked by a National Trail Acorn.

For more information about Hill and Mountain Classifications see **Peaks & Mountains**

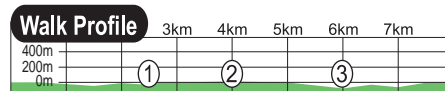
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The information given in this document has been provided in good faith. It is intended only as a general guide. We advise you to verify the accuracy of information before relying on it. It is the responsibility of individuals to approach outdoor activities such as the one described on this page with caution. The activity described can be strenuous and individuals should ensure they are fit enough before embarking upon it. If in doubt, seek medical advice.

Appropriate equipment and maps should always be carried, along with suitable clothing and footwear. Always follow the Countryside Code. More information about the Countryside Code, clothing, equipment and how to use it can be found on the go4awalk.com website. This document may be downloaded from the carrentals.co.uk web site and printed for personal use only except under TMDH Limited licence number: TPC01006. Nothing may be added, deleted or amended in

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