

c104 Orrest Head & Troutbeck from Windermere

Windermere is on the A591 Ambleside to Kendal Road

The walk shown is for guidance only and should not be attempted without suitable maps.

Details

Distance:	11.5km (7¼ miles)
Total Ascent:	380m (1247ft)
Time:	3¾ hrs Grade: 4
Maps:	OS Landranger® 90 & 96/97 or OS Explorer Map™ OL7
Start/Finish:	Windermere Tourist Information Centre, Cumbria
Grid Ref:	NY413987
Sat Nav:	N54.3804 W2.9053

With thanks to: David Sproson, Dave Holden & Norman Cowell

A gentle stroll to fine views

Go N from Windermere Tourist Information Centre and cross the A591 Kendal to Ambleside Road. Continue N on a tarmac lane to the left of The Windermere Hotel signed 'Orrest Head'. Stay on the lane as it winds its way up through woods following signs for 'Orrest Head'. At the end of the lane, continue climbing on a rough track until it bends ESE (right) by a wall to reach an iron kissing gate. Go through and climb N up rough stone steps to reach the summit of Orrest Head. (1½ km)

① Continue NNE from the summit to descend to a road (Crosses Lane). Go E on the road to reach a crossroads. Go NNE (left) for 450m to reach a junction. (2km)

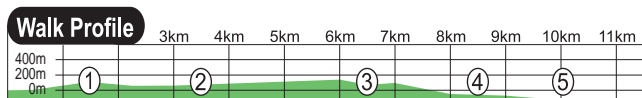
② Bear NNW (left) for 200m before leaving the road to go N on a stony track (Dubbs Road). Continue N on Dubbs Road passing Dubbs Reservoir to reach a junction just beyond a small plantation. (3km)

③ Go SW (left) to gently descend on a second track (Longmire Road). At a fork bear S (left) to reach a T-junction with Moorhove Lane. (2km)

④ Go NW (right) for 150m and then SW through a signed gate to follow a track S. Go through the left of two gate openings to follow a level track to the left of a wall. Just before reaching Far Orrest Farm go SW (right) through a gate signed 'Crosses Farm'. Descend fields and cross a farm road via stiles and then follow a track SSW to reach a lane near Crosses Farm. (1½ km)

⑤ Go W (right) on the lane and fork SW (left) to reach the A592 Kirkstone Road. Go SSE through a gate signed 'Orrest Head' and follow a path SSE through High Hay Wood. Continue SE ignoring all side tracks to return to Windermere and the start. (1½ km)

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Garburn Road (Track)

Applethwaite Common

Longmire Road (Track)

Moorhove Lane

Dubbs Reservoir

Dubbs Road (Track)

A532 to Troutbeck & Kirkstone Pass

Far Orrest Farm

Crosses Farm

Near Orrest Farm

Moorhove Lane

Crosses Lane

High Hay Wood

Orrest Head
238m (781ft)

A591 to Ambleside

Windermere Hotel

A591 to Kendal & M6 Jn36

Windermere

Windermere Railway Station

A507 to Bowness-on-Windermere



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The information given in this document has been provided in good faith. It is intended only as a general guide. We advise you to verify the accuracy of information before relying on it. It is the responsibility of individuals to approach outdoor activities such as the one described on this page with caution. The activity described can be strenuous and individuals should ensure they are fit enough before embarking upon it. If in doubt, seek medical advice.

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