

co115 Trevescan & Sennen Cove from Land's End

Land's End is on the A30
W of Penzance

The walk shown is for guidance only & should not be attempted without suitable maps.

Details	
Distance:	8km (5 miles)
Total Ascent:	291m (955ft)
Time:	3 hrs Grade: 3
Maps:	OS Landranger® 203 or OS Explorer Map™ 102
Start/Finish:	Land's End Visitor Centre, Cornwall
Grid Ref:	SW345250
Sat Nav:	N50.0657 W5.7114

GPS data: Position Format = 'British Grid'
Map Datum = 'ord svry GB'

Fabulous coastal views

S From the car park go W through the Land's End Visitor's area to reach the top of the cliffs. (1/4 km)

1 Go S (left) along the cliff tops following the South West Coast path. Continue SE above numerous bays & inlets until you reach Mill Bay or Nanjizal (look out for a large cream coloured house on the opposite hillside). (2 1/4 km)

2 Just before the path descends S to a footbridge over a stream, leave it & go NE (left) on a narrow path that ascends steeply & then follows a wall to a T-junction. (1/2 km)

3 Go NW (left) to a kissing gate. Follow the path beyond across several fields to reach a track at Trevelley. Go left over a low stile (signed footpath only) to cross a farm courtyard & then a field to reach a road in Trevescan. (1 1/4 km)

4 Go W (left) & then NW on the road for 400m to reach the A30. (1/2 km)

5 Cross & go N (straight-on) on a signed path opposite to cross several fields to join a lane. Follow the lane N (straight-on) & then ENE (right) for 200m to reach a signed path opposite a house called 'Pol-an-dre'. (1 1/2 km)

6 Go NW (left) on a tarmac track that leads down to the seafront at Sennen Cove. (1/2 km)

7 Go W (left) through a car park & then S (left) to climb steps up to follow the South West Coast path along the cliff top past the 'First & Last House' to return to Land's End. (2 km)

8 Go E (left) back to the car park & the start. (1/4 km)

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Dr Syntax's Point is the real Land's End since it is slightly further West than Dr Johnson's Head where the road ends.

Keep a record of which mountains you have climbed with go4awalk.com Peak Bagging maps & lists.

Hill Classifications:

- ▲ Hewitt (Mountain)
- △ Dewey (Hill)
- ▲ Nuttall
- ☀ Wainwright
- ☀ Bridget (Hill)
- △ Trig Point

The South West Coast Path is a 966km (600 miles) path along the coast connecting Minehead in Somerset with South Haven Point in Dorset.

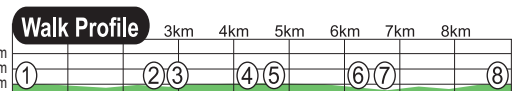
It is waymarked by a National Trail Acorn.

For more information about Hill & Mountain Classifications see Peaks & Mountains

Taken pictures on this walk? Send them in and we'll put them in the Photo Gallery

SHARE THE COUNTRYSIDE

Printable Route Maps, GPS Waypoints, Competitions, Places to Stay, Discussion Boards, Gear Tests, Photograph Gallery & much, more . . .



The information given in this document has been provided in good faith. It is intended only as a general guide. We advise you to verify the accuracy of information before relying on it. It is the responsibility of individuals to approach outdoor activities such as the one described on this page with caution. The activity described can be strenuous and individuals should ensure they are fit enough before embarking upon it. If in doubt, seek medical advice.

Appropriate equipment and maps should always be carried, along with suitable clothing and footwear. Always follow the Countryside Code. More information about the Countryside Code, clothing, equipment and how to use it can be found on the go4awalk.com website. This document may be downloaded from the Paramo web site and printed for personal use only except under TMDH Limited licence number: TPC0080. Nothing may be added, deleted or amended in any way. In any event, this document and

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